



Sanjeevani Multipurpose Foundation's
Dr. Deepak Patil Ayurvedic Medical College & Research Center
Borpadale Phata (Nebapur), Kolhapur-Ratnagiri Road, Tal- Panhala, Dist. Kolhapur, Pin – 416213, Maharashtra State, India.
Ph. No. 9132039595 Website: www.dpayurvediccollege.com Email: dr.deepakpatilayu@gmail.com

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REPORT ON AHIMSA SAPTAHA CELEBRATION 2026

- **Name of the Programme:** Ahimsa Saptaha Celebration Week
- **Organized Under:** NSS Cell, Dr. Deepak Patil Ayurvedic Medical College, Borpadle
- **Duration:** 29 September 2026 to 04 October 2026
- **Participants:** NSS Unit and BAMS Students
- **Venue:** College Campus and Swasthvritta Department
- **Activity Timing:** 2:30 PM to 4:30 PM for indoor activities
- **Major Activities:** Essay Competition, Sketch Competition, Poster Presentation Competition, Ahimsa Awareness Rally, Street Role Play, Ahimsa Awareness Speech and Guest Lecture

○ INTRODUCTION

As a part of the Ahimsa Saptaha Celebration Week, the NSS Cell of Dr. Deepak Patil Ayurvedic Medical College, Borpadle organized a series of awareness-oriented, creative, educational and social activities from 29 September 2026 to 04 October 2026.

The programme was organized with the objective of creating awareness among students regarding the fundamental values of Ahimsa, non-violence, peace, compassion, kindness, tolerance, humanity, mutual respect and social harmony.

Ahimsa is an important ethical principle that promotes peaceful coexistence and respect for all living beings. Through a combination of academic, artistic and community-oriented activities, students were provided opportunities to understand and communicate the importance of non-violence in personal, social and professional life.

The celebration included Essay Competition, Sketch Competition, Poster Presentation Competition, Ahimsa Awareness Rally, Street Role Play Activity, Ahimsa Awareness Speech and Guest Lecture. The activities were conducted with active participation from the NSS Unit and BAMS students.

○ **OBJECTIVES OF AHIMSA SAPTAHA**

The major objectives of the Ahimsa Saptaha Celebration Week were:

- To create awareness regarding the importance and principles of Ahimsa.
- To promote non-violence, peace, compassion and humanity among students.
- To develop ethical, moral and socially responsible behaviour among future healthcare professionals.
- To encourage students to understand the relevance of Ahimsa in day-to-day life.
- To promote respect for human beings, animals, society and the environment.
- To develop communication, presentation, creativity and leadership skills among students.
- To encourage active participation of NSS volunteers in socially relevant activities.
- To provide students with opportunities to express their understanding of Ahimsa through art, writing, speech and role play.
- To spread awareness about peaceful conflict resolution and harmonious living.
- To strengthen the social responsibility and community-oriented approach of BAMS students.

○ **ORGANIZATION OF THE PROGRAMME**

The Ahimsa Saptaha Celebration Week was organized under the NSS Cell of Dr. Deepak Patil Ayurvedic Medical College, Borpadle.

The programme was conducted under the valuable guidance and support of:

- **Managing Director:** Dr. Smita Patil Madam
- **Principal:** Dr. Nitin Tatpuje Sir
- **NSS Officer:** Dr. Sandip Patil Sir
- **NSS CO-Officer:** Dr.Sayali Sankpal and Dr.Imtiaz Desai

The programme received active support and cooperation from the faculty members and non-teaching staff of the institution.

The NSS Unit coordinated the participation of students and assisted in the smooth organization of various activities conducted during the celebration week.

○ **ACTIVITIES CONDUCTED DURING AHIMSA SAPTAHA**

A. ESSAY COMPETITION

An Essay Competition was organized as a part of Ahimsa Saptaha to encourage students to express their thoughts and understanding regarding the concept of Ahimsa.

Students were encouraged to write about the importance of non-violence, peace, compassion, humanity, tolerance and harmonious social living. The activity helped students explore the relevance of Ahimsa in personal life, society and healthcare practice.

The participants expressed their views through meaningful and thoughtful written content. The activity helped develop students' writing skills, critical thinking and awareness of ethical values.

The competition also encouraged students to understand that Ahimsa is not limited to physical non-violence but also includes avoiding harmful speech, thoughts and behaviour.

○ **B. SKETCH COMPETITION**

A Sketch Competition was conducted to provide students with an artistic platform to express the principles of Ahimsa.

Students prepared sketches depicting themes such as peace, compassion, humanity, unity, kindness, non-violence and harmony. Through their artwork, participants communicated important social and moral messages in a simple and effective visual form.

The activity encouraged creativity, imagination and emotional expression among the students. It also helped participants understand the role of art in creating awareness regarding important social values

○ **POSTER PRESENTATION COMPETITION**

A Poster Presentation Competition was organized to create awareness regarding Ahimsa through informative and creative visual communication.

NSS volunteers and BAMS students prepared posters highlighting various aspects of non-violence, peace, compassion, social harmony, mutual respect and humanity.

Students presented their posters and explained the messages conveyed through them. The activity provided an opportunity for students to improve their communication and presentation skills while promoting awareness among their peers.

The posters served as effective educational tools for communicating the importance of Ahimsa and encouraging peaceful and responsible behaviour.

○ **AHIMSA AWARENESS RALLY**

An Ahimsa Awareness Rally was organized on the college campus as part of the celebration week.

NSS volunteers and BAMS students actively participated in the rally. Students carried awareness messages and raised slogans promoting Ahimsa, peace, non-violence, compassion and social harmony.

The rally aimed to spread awareness not only among the participating students but also among the wider college community.

The activity promoted teamwork, discipline, leadership and social responsibility among NSS volunteers and students.

○ **STREET ROLE PLAY ACTIVITY**

A Street Role Play Activity was conducted as an innovative method of creating awareness regarding Ahimsa.

NSS volunteers and BAMS students participated in the role play and presented situations related to violence, conflict, intolerance and their consequences. The students demonstrated the importance of choosing peaceful methods of communication and resolving conflicts without violence.

The activity conveyed the message that Ahimsa can be practised through thoughts, words and actions.

The role play attracted the attention of students and effectively communicated the importance of compassion, tolerance, mutual respect and peaceful behaviour.

The activity also helped students develop confidence, teamwork, acting skills and public communication abilities

○ **AHIMSA AWARENESS SPEECH**

An Ahimsa Awareness Speech was conducted to educate students regarding the importance and relevance of Ahimsa in contemporary society.

The speech highlighted Ahimsa as an important ethical and humanitarian value. Students were encouraged to practise non-violence in their thoughts, words and actions and to develop respectful relationships with others.

The session emphasized the importance of peaceful communication, empathy, tolerance, compassion and responsible social behaviour. Students actively participated in the session and gained a better understanding of the practical application of Ahimsa in their personal, academic and professional lives.

○ **GUEST LECTURE ON AHIMSA**

A Guest Lecture on Ahimsa was organized in the Second BAMS Classroom as an academic component of the Ahimsa Saptaha Celebration Week.

The lecture provided students with an opportunity to understand the broader significance of Ahimsa and its relevance to healthcare professionals and society.

The session emphasized ethical conduct, compassion, empathy, non-violence and responsible behaviour. Students were encouraged to incorporate these values into their professional conduct as future Ayurveda practitioners.

The interactive academic session helped students relate the principles of Ahimsa with their responsibilities towards patients, society and the environment

○ **PARTICIPATION**

The activities conducted during Ahimsa Saptaha received active participation from the NSS Unit and BAMS students.

Students participated enthusiastically in the creative competitions, awareness activities, rally, role play, speech and academic session.

The active involvement of students demonstrated their interest in value-based education and socially relevant activities.

○ **VENUE AND TIMING-**

The activities were conducted at different locations according to their nature:

- **College Campus:-** Ahimsa Awareness Rally and Street Role Play Activity.
- **Swasthvritta Department:-** Essay Competition, Sketch Competition and Poster Presentation Competition.
- **Second BAMS Classroom:-** Ahimsa Awareness Speech and Guest Lecture.

The indoor activities were conducted generally during the scheduled time of 10:30 AM to 4:30 PM.

- **Duration of Celebration: 29 September 2026 to 04 October 2026**

7. ROLE OF NSS CELL

The NSS Cell played an important role in planning, coordinating and implementing the Ahimsa Saptaha Celebration Week.

The NSS Unit encouraged student participation and facilitated various awareness and value-based activities. NSS volunteers actively contributed to the organization of the rally, street role play and other activities.

The programme provided NSS volunteers with practical opportunities to demonstrate leadership, teamwork, communication, social responsibility and community awareness.

○ 8. ROLE OF FACULTY AND NON-TEACHING STAFF

Faculty members and non-teaching staff were present during the activities and extended their cooperation and support.

Their guidance helped maintain discipline and ensured the smooth and systematic conduct of the various programmes.

The combined efforts of the management, principal, NSS officer, faculty members, non-teaching staff and students contributed significantly to the successful completion of the Ahimsa Saptaha Celebration Week.

. OUTCOMES OF THE PROGRAMME

The Ahimsa Saptaha Celebration Week achieved the following outcomes:

- Increased awareness regarding the importance of Ahimsa and non-violence.
- 2. Promoted peace, compassion, tolerance and humanity among students.
- 3. Encouraged students to adopt peaceful methods of communication and conflict resolution.
- 4. Developed creativity through essay writing, sketching and poster presentation.
- 5. Improved communication and presentation skills.

- 6. Enhanced leadership and teamwork among NSS volunteers.
- 7. Encouraged students to participate in socially relevant activities.
- 8. Strengthened ethical and humanitarian values among future healthcare professionals.
- 9. Created a positive and peaceful environment within the institution.
- 10. Encouraged students to integrate the principles of Ahimsa into their personal and professional lives.

○ **CONCLUSION**

The Ahimsa Saptaha Celebration Week, organized under the NSS Cell of Dr. Deepak Patil Ayurvedic Medical College, Borpadle, from 29 September 2026 to 04 October 2026, was successfully conducted with active participation from the NSS Unit and BAMS students.

The various activities, including Essay Competition, Sketch Competition, Poster Presentation Competition, Ahimsa Awareness Rally, Street Role Play Activity, Ahimsa Awareness Speech and Guest Lecture, successfully promoted the values of Ahimsa, peace, compassion, humanity, tolerance and social harmony.

The programme provided students with opportunities for creative expression, academic learning, public communication, teamwork and social participation.

The successful completion of the programme was made possible through the valuable guidance of Managing Director Dr. Smita Patil Madam, Principal Dr. Nitin Tatpuje Sir and NSS Officer Dr. Sandip Patil Sir, along with the cooperation of faculty members, non-teaching staff and enthusiastic participation of the NSS Unit and BAMS students.

The Ahimsa Saptaha Celebration Week thus contributed meaningfully towards the holistic development of students and promotion of ethical, humanitarian and socially responsible values, in accordance with the objectives of NSS and institutional value-based



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Tuesday, 29/09/2026 02:46 PM GMT +05:30



Ambavade, Maharashtra, India 

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Lat 16.825159° Long 74.126434°

Tuesday, 29/09/2026 02:24 PM GMT +05:30



Ambavade, Maharashtra, India 

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Borpadle, Maharashtra, India



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Lat 16.827575° Long 74.125408°

Thursday, 01/10/2026 11:12 AM GMT +05:30



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Borpadle, Maharashtra, India



R4gg+w3x, Nh 166, Borpadle, Maharashtra 416213, India

Lat 16.827354° Long 74.125012°

Thursday, 01/10/2026 11:00 AM GMT +05:30



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R4gg+w3x, Nh 166, Borpadle, Maharashtra 416213, India

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Ambavade, Maharashtra, India 

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